

The King's Head XXV Regatta on the Schuylkill Sunday, September 25, 2011

King of Prussia, Pennsylvania
Upper Merion Boat Club for Competitive and Recreational Rowing
www.uppermerionboatclub.com

Club Officers

Joe Hartnett, Commodore
Laurie Lawton-Smith, Vice Commodore
Bill Howard, Secretary
Ed Kelly, Treasurer

Regatta Committee

The Membership UMBCCR

US Rowing Officials

Robert Suter, Chief Referee
US Rowing Officials

Computer Timing

Pete Beehler Jill Beehler Allen Witkowski
Official Programming and Timing Sponsor:
Pete Beehler, www.MacEasyComputing.com

Safety

Swedesburg Fire Company Rescue Unit
Jefferson Fire and Rescue

Cooperating Organizations

Upper Merion Park & Rec Department
Upper Merion Area School District
United States Rowing Association
Upper Merion High School Crew
Schuylkill Navy of Philadelphia
Pennsylvania Fish and Game Commission
Port Indian Civic and Boating Association
Norristown Schuylkill River Watershed Association
Frosty Falls
Mermelstein Family Trust

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Sunday, September 25, 2011
Scheduled Events

- 1) 10:10 1A – Men's Champ Singles
 1B – Men's Club Singles
 1C – Men's Veteran Singles (55-69: 6 sec/yr)
 1D – Men's HS/Youth Singles
 1E – Men's LW Veteran Singles
- 2) 10:35 2A – Women's Champ Singles
 2B – Women's Club Singles
 2C – Women's HS/Youth Singles
- 3) 11:00 3A – Men's Masters Fours (31 up: 6 sec/yr)
 3B – Men's HS/Youth Quads
 3C – Men's HS/Youth Fours
 3D – Women's HS/Youth JV/Jr Fours
- 4) 11:30 4A – Men's Masters Doubles (31-49: 6 sec/yr)
 4B – Men's Sr Masters Doubles (50 up: 7 sec/yr)
 4C – Men's Collegiate Novice Doubles
 4D – Women's Masters Doubles (31-49: 5 sec/yr)
 4E – Women's Sr Masters Doubles (50 up: 7 sec/yr)
 4F – Women's HS/Youth Doubles
 4G – Women's Club Doubles
- 5) 11:55 5A – Women's Club Fours
 5B – Women's Collegiate Fours
 5C – Women's Masters Fours (31 up: 6 sec/yr)
 5D – Women's HS/Youth Fours
- 6) 12:20 6A – Men's Novice Singles
 6B – Women's Sr Masters Singles (45-54: 5 sec/yr)
 6C – Women's Veteran Singles (55-69: 6 sec/yr)
 6D – Men's Super Veteran Singles (70-up: 7 sec/yr)
 6E – Women's Super Veteran Singles (70-up: 7 sec/yr)
 6F – Women's LW Sr Masters Singles (45-54: 5 sec/yr)
 6G – Women's LW Veteran Singles (55-69: 6 sec/yr)
- 7) 12:45 7A – Mens Club Eights
 7B – Men's Collegiate Eights
 7C – Men's HS/Youth Eights
 7D – Women's HS/Youth/JV/ Eights

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- 8) 1:10 8A – Women's Open Quads
 8B – Men's HS/Youth/JV Jr Fours
 8C – Women's Masters Quads (31 up: 6 sec/yr)
- 9) 1:35 9A – Men's Open Doubles
 9B – Men's HS/Youth Doubles
 9C – Father/Son Doubles 6 sec/yr under 18
 9D – Mixed Parent/Child Doubles 3 sec/yr for each
 9E – Mother/Daughter Doubles rower over 45
- 10) 2:00 10A – Men's Masters Singles (31-44: 4 sec/yr)
 10B – Men's Sr Masters Singles (45-54: 5 sec/yr)
 10C – Women's Masters Singles (31-44: 4 sec/yr)
 10D – Women's Novice Singles
 10E – Men's Recreational Singles
 10F – Women's Recreational Singles
 10G – Men's LW Masters Singles (31-44: 4 sec/yr)
 10H – Men's Sr LW Masters Singles (45-54: 5 sec/yr)
 10I – Women's LW Masters Singles (31-44: 4 sec/yr)
- 11) 2:25 11A – Women's Club Eights
 11B – Women's HS/Youth Eights
 11C – Women's Masters Eights (31 up: 6 sec/yr)
 11D – Men's HS/Youth JV/Jr Eights
- 12) 2:50 12A – Men's Club Fours
 12B – Men's Collegiate Novice Fours
 12C – Men's HS/Youth Fours
- 13) 3:15 13A – Men's Open Quads
 13B – Men's Masters Quads (31-up: 6 sec/yr)
 13C – Mixed Eights (THCE: 31 up: 6 sec/yr)
- 14) 3:40 14A – Mixed Doubles
 14B – Mixed Masters Doubles (31-up: 6 sec/yr)
 14C – Men's Pairs (THCE: 31 up: 6 sec/yr)
- 15) 4:05 15A – Men's Masters Eights (31 up: 6 sec/yr)
 15B – Women's HS/Youth Quads
 15C – Mixed Masters Quads (31-50: 6 sec/yr)
 15D – Sr Masters Mixed Quads (51 up: 7 sec/yr)

PRIZES

Specially commissioned **King's Head Medals** will be awarded to each individual of the winning crew finishing first and second in each event when race results are confirmed and official.

COURSE INFORMATION

The 2.8 mile course begins at Port Indian and proceeds down the middle third of the river to the top of Barbadoes Island and then along the island bank (portside) to the finish line. Crews should take caution of the fallen trees on the island bank. Crews must pass through the large orange colored course buoys and are responsible for steering a safe and predictable line.

There are two bridges: Boats should pass through lanes 1,2, or 3 of the first (railroad) bridge, and arch 1 or the portside half of arch 2 of the second (highway) bridge. There is a buoy-marked shallow area in the center of arch 2 of the highway bridge.

The finish line is 50 meters after the second bridge. Just after the finish line crews shall proceed for 100 meters and wait for clearance from the dockmaster before coming about to the recovery end of the dock in front of the boathouse.

Caution: There is a dam 200 meters beyond the finish line. All crews should take care to stay well above the dam while waiting to dock.

After finishing: Individuals and crews will be disqualified if they row past the recovery dock upriver to "cool down."

Start: Each entrant will be responsible for arriving at the starting line five (5) minutes prior to scheduled starting time. All boats will launch from the Upper Merion Boathouse and should proceed along the Upper Merion bank (portside) through the first arch of both bridges and proceed with extreme caution upriver, staying well clear of the racing lanes and competitors who may row off course. Shoals and hazards will generally be marked and individuals and crews should proceed with normal caution on unfamiliar waters. All crews and coxswains are responsible for knowing the course passing rules and for checking the course map before leaving the dock. Crews proceeding more than 300 meters above the start line do so at their own risk.

RULES

US Rowing 2011 Rules of Rowing are part of the K H Regatta rules - article viii Head Races and Appendix to Article VIII - Customary Head Rules.

(C) Penalties Note specifically: where buoys mark the boundaries of the course, and in particular mark turns on the course, a crew shall be penalized 10 seconds for each buoy that the crew passes incorrectly. A crew passes a buoy incorrectly when any part of its hull passes on the wrong side of the buoy.

Bow Numbers have been assigned in the order entries were received. The start will be supervised by officials on shore and on the water. Boats will be started at 10 second intervals in bow number order. Crews utilizing the course for practice must be off the course by 9:20 a.m.

Passing Rules: Any boat being overtaken must move to starboard. Overtaking crews must pull out and around and pass on the port side of slower crews. There is a "No Passing Zone" beginning 100 meters above the railroad bridge through 50 meters past it. Upon approaching the Railroad Bridge crews must point and align their boats to Lane 1, 2 or 3 and shout their commitment "LANE X" three times upon entering the No Passing Zone. An overtaking crew committed to the same lane must follow at a distance of at least one boat length until safely clear of the bridge.

COURSE INFORMATION

